

TESTIMONIALS

'The staff at Insight Platform allowed me to be myself when no one else would' -Natalie*

'Insight platform are like my second family, the staff are brilliant!' – Kasia*

I find it hard to trust people but I can trust my worker at insight' – Marcus*



'I am able to manage situations differently because I engaged with Insight platform' - Ben*

'The workers at Insight Platform are good listeners and have been very helpful' – Sarah*

'Insight have helped me to rebuild my family I am so happy for their help' – Karen*

*All service users' names have been changed to maintain confidentiality

WHERE TO FIND US



Our Address:

Insight Platform
40 Bromley Road, Tottenham
London N17 0AR

Tube/Bus: From Seven Sisters underground embark on buses: 149, 279, 349, 259 from Bus stop J near Costa Coffee and disembark at bus stop S Tottenham Sports Centre (10 mins journey by bus)
Overground: White Heart Lane Overground – 7 mins walk to Bromley Road

Tel: 0208 493 8525

Email: insightharingey@blenheimcdp.org.uk
Website: www.insightplatformharingey.co.uk



Follow us
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@blenheimcdp



Registered Charity No. 293959



Supporting children, young people and families affected directly or indirectly by drugs or alcohol
'Empowering Positive Change'

Call us on
0208 493 8525

ABOUT US

Insight Platform provides free confidential advice, support and information to children, young people and families residing in the borough of Haringey, affected directly or indirectly by substance misuse related issues.

Insight Platform is a project of Blenheim, a leading substance misuse charity, working to reduce the harm caused by drug and alcohol misuse. As an organisation Blenheim provide, opportunity, care and support for people to end their dependency on drugs and alcohol. We believe in people's capacity to change and this belief is central to everything we do.

WHAT WE DO

Insight Platform takes a holistic approach to working with individuals, with the aim of building strength, resilience and family cohesion, through offering a range of interventions and therapeutic services including;

- Structured 1 to 1 sessions
- Psychosocial interventions
- Educational workshops and lectures
- Family assessments
- Parenting support
- Drop in services
- Harm minimisation and prevention
- Satellite outreach work
- Complementary therapies
- Targeted awareness workshops
- Multi-agency working
- Consultation and training for professionals

We accept referrals from individuals, families, concerned others and professionals.

Contact Us On
0208 493 8525

USEFUL CONTACTS

Haringey Advisory Group on Alcohol (HAGA)

0208 800 6999
www.haga.co.uk

The Grove - Substance misuse support service

0208 365 9032 / 0208 702 6220
www.blenheimcdp.org.uk

Antidote - LGB&T run and targeted drug & alcohol support service

0207 883 1674
www.antidote-lgbt.com

Haringey First Response – Child protection service

0208 489 4470 (Out of Hours 0208 348 0000)

Children and Adolescent's Mental Health Service (CAMHS)

0208 702 3400
www.youngminds.org.uk

Hearthstone - Domestic Violence Advice & Support Centre

0208 800 6999

Al-Anon – Support groups for family members and friends affected by another's drinking

020 7403 0888
www.al-anonuk.org.uk

Talk to Frank

0800 776 600
www.talktofrank.com

